

Coast to Coast Race 2023 10000m

Rank	By Gen.	By Cat.	Cat.	Gender	BIB [Edit]	Country	Name	YOB	Club	2.5km 10km	5km 10km	7.5km 10km	Finish 10km
1	1	1	30-39 ΕΤΩΝ	Male	133 [Edit]	GR	ΓΙΩΡΓΟΣ ΜΑΣΤΟΡΑΚΗΣ	8-1989	ΑΣΥΓΕΙΑΣ ΑΡΚΑΛΟΧΩΡΙΟΥ-ΚΕΝΙΑΤΗΣ	0:09:58.383	0:17:33.450	0:27:37.707	0:34:55.387
2	2	1	40-49 ΕΤΩΝ	Male	114 [Edit]	GR	ΕΜΜΑΝΟΥΙΛ ΣΥΛΛΙΓΝΑΚΙΣ	6-1982	ΣΦΑΚΑ	0:10:17.750	0:18:08.593	0:28:55.257	0:36:59.363
3	3	2	30-39 ΕΤΩΝ	Male	137 [Edit]	GR	ΑΝΔΡΕΑΣ ΝΤΑΜΚΑΣ	3-1986	ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	0:10:30.340	0:18:38.143	0:29:50.543	0:37:56.947
4	4	3	30-39 ΕΤΩΝ	Male	132 [Edit]	GR	ΔΗΜΗΤΡΗΣ ΜΑΝΙΩΤΗΣ	11-1984	ΓΑΛΑΤΣΙ RUNNERS	0:10:36.373	0:18:37.073	0:29:51.243	0:38:07.473
5	5	4	30-39 ΕΤΩΝ	Male	134 [Edit]	GR	ΑΝΤΩΝΗΣ ΜΕΝΕΓΗΣ	9-1988		0:10:56.753	0:19:40.737	0:30:57.997	0:40:04.017
6	6	2	40-49 ΕΤΩΝ	Male	150 [Edit]	GR	ΜΙΧΑΛΗΣ ΦΙΛΑΝΔΑΡΑΚΗΣ	12-1975		0:11:11.173	0:20:03.070	0:31:58.067	0:40:53.660
7	7	1	18-29 ΕΤΩΝ	Male	149 [Edit]	GR	ΠΑΝΑΓΙΩΤΗΣ ΦΑΣΟΥΛΑΚΗΣ	7-2004		-	0:21:11.517	-	0:43:24.580
8	1	5	30-39 ΕΤΩΝ	Female	157 [Edit]		ΑΙΜΙΛΙΑ ΠΡΩΤΟΓΕΡΑΚΗ	1-1992	ΑΟΛ	0:13:00.430	0:22:35.427	0:35:44.237	0:45:01.370
9	8	3	40-49 ΕΤΩΝ	Male	108 [Edit]	GR	ΜΑΡΙΟΣ ΚΟΥΝΔΟΥΡΑΚΙΣ	8-1976		0:12:34.093	0:22:36.530	0:35:45.640	0:45:05.310
10	9	4	40-49 ΕΤΩΝ	Male	111 [Edit]	GR	ΕΜΜΑΝΟΥΙΛ ΠΑΡΑΣΚΑΚΙΣ	4-1979	ΤΖΑΝΕΤΑΚΙΣ ΛΑΒ	0:12:22.453	0:22:01.047	0:35:31.630	0:45:36.213
11	10	1	ΑΝΔΡΩΝ	Male	135 [Edit]	GR	ΙΩΑΝΝΗΣ ΖΑΦΕΙΡΑΚΗΣ	10-1989		0:13:41.120	0:23:53.337	0:37:03.487	0:46:41.593
12	11	2	18-29 ΕΤΩΝ	Male	128 [Edit]	GR	ΧΡΗΣΤΟΣ ΚΟΡΟΜΠΙΛΗΣ	12-1993		0:13:38.457	0:23:41.773	0:37:06.220	0:46:44.200
13	2	1	50-59 ΕΤΩΝ	Female	140 [Edit]	GR	ΝΕΚΤΑΡΙΑ ΠΑΡΙΝΟΥ	5-1971	ΒΙΤΣΕΝΤΖΟΣ ΚΟΡΝΑΡΟΣ	0:12:57.713	0:22:40.843	0:36:36.557	0:46:46.360
14	12	5	40-49 ΕΤΩΝ	Male	125 [Edit]	GR	ΓΕΩΡΓΙΟΣ ΚΑΤΣΑΒΔΑΚΗΣ	10-1974	ROADRUNNER ΙΕΡΑΠΕΤΡΑ-MYRUNNER.GR	0:12:25.407	0:22:21.280	0:37:11.420	0:49:11.793
15	3	6	40-49 ΕΤΩΝ	Female	127 [Edit]	GR	ΜΑΛΑΜΑΤΕΝΙΑ ΚΟΝΤΟΓΙΑΝΝΗ	2-1980		0:13:07.053	0:23:45.163	0:38:23.377	0:49:12.733
16	4	6	30-39 ΕΤΩΝ	Female	142 [Edit]	GR	ΑΡΙΑΔΝΗ ΠΕΠΟΝΗ	8-1990		0:13:33.563	0:24:12.197	0:38:41.687	0:49:26.007
17	13	7	30-39	Male	145	GR	ΓΙΑΝΝΗΣ ΣΕΤΑΚΗΣ	8-1989	SDYI	0:13:55.840	0:24:27.510	0:38:38.793	0:49:34.673

Rank	By Gen.	By Cat.	Cat.	Gender	BIB [Edit]	Country	Name	YOB	Club	2.5km 10km	5km 10km	7.5km 10km	Finish 10km
			ΕΤΩΝ		[Edit]								
18	5	7	40-49 ΕΤΩΝ	Female	156 [Edit]		ΑΛΕΚΑ ΡΑΠΤΗ	4-1979		0:14:02.117	0:24:31.047	0:39:05.027	0:49:47.177
19	6	8	30-39 ΕΤΩΝ	Female	154 [Edit]		ΓΕΩΡΓΙΑ ΚΑΡΑΓΙΑΝΝΑΚΗ	2-1987	ΑΑΗ	0:13:47.073	0:24:36.840	0:39:41.060	0:50:40.530
20	7	9	30-39 ΕΤΩΝ	Female	117 [Edit]	GR	ΕΜΜΑΝΟΥΕΛΑ ΒΟΓΙΑΤΖΗ	5-1988		0:14:10.353	0:24:58.057	0:39:54.727	0:50:46.223
21	8	8	40-49 ΕΤΩΝ	Female	106 [Edit]	GR	ΖΑΝΝΑ ΚΗΑΙΒΟΥΛΑΕΒΑ	7-1977		0:13:53.857	0:24:43.650	0:40:05.067	0:51:17.537
22	14	9	40-49 ΕΤΩΝ	Male	151 [Edit]		ΜΑΡΙΟΣ ΣΕΡΕΤΗΣ	-		0:15:27.850	0:26:11.373	0:40:50.127	0:51:42.193
23	15	1	60+ ΕΤΩΝ	Male	155 [Edit]		ΔΗΜΗΤΡΗΣ ΜΠΙΤΖΕΣ	2-1961		0:13:56.433	0:24:42.380	0:39:47.010	0:51:50.873
24	9	2	ΑΝΔΡΩΝ	Female	153 [Edit]		ΣΥΛΒΙΑ ΠΑΚΙΔΗ	-		0:13:09.507	0:23:24.047	0:41:54.713	0:52:22.883
25	10	10	30-39 ΕΤΩΝ	Female	101 [Edit]	GR	ANTONELLA ΒΑΚΟΥΣΙ	4-1986	PILATESFORWO-MEN	0:14:22.723	0:25:22.750	0:40:39.037	0:52:25.853
26	16	3	18-29 ΕΤΩΝ	Male	120 [Edit]	GR	ΔΗΜΗΤΡΙΟΣ ΓΙΑΝΝΑΚΟΥΔΑΚΗΣ	2-1994	ROADRUNNER IERAPETRA-MYRUNNER.GR	0:15:38.533	0:27:48.970	0:42:16.640	0:53:17.000
27	17	10	40-49 ΕΤΩΝ	Male	126 [Edit]	GR	ΔΗΜΗΤΡΗΣ ΚΕΝΕΣ	8-1977	MYRUNNER	0:15:38.147	0:26:58.327	0:42:16.103	0:53:18.657
28	11	1	ΓΥΝΑΙΚΩΝ	Female	159 [Edit]		ΠΟΠΗ ΛΑΜΠΡΑΚΗ	-		0:15:07.300	0:27:20.587	0:44:27.863	0:57:12.877
29	12	11	40-49 ΕΤΩΝ	Female	116 [Edit]	GR	ΜΑΡΙΑ ΒΑΒΑΔΑΚΗ	6-1981	ENERGY FITNESS STUDIO	0:15:45.257	0:27:54.173	0:45:23.340	0:58:24.730
30	18	11	30-39 ΕΤΩΝ	Male	123 [Edit]	GR	ΑΝΤΩΝΗΣ ΗΛΙΑΔΗΣ	3-1987	ROADRUNNER IERAPETRA-MYRUNNER.GR	0:16:04.080	0:28:21.567	0:45:28.120	0:58:46.620
31	13	12	40-49 ΕΤΩΝ	Female	102 [Edit]	GR	ELISAVET DROUGKA	1-1977		0:16:02.050	0:28:32.073	0:46:01.907	0:58:52.630
32	19	13	40-49 ΕΤΩΝ	Male	110 [Edit]	GR	ΕΜΜΑΝΟΥΗΛ ΜΙΧΕΛΑΡΑΚΗΣ	8-1975		0:17:25.817	0:29:57.813	0:46:25.910	0:58:55.723
33	20	4	18-29 ΕΤΩΝ	Male	129 [Edit]	GR	ΠΑΝΑΓΙΩΤΗΣ ΚΡΙΤΣΩΤΑΚΗΣ	11-1996		0:16:00.167	0:28:45.417	0:46:29.147	0:59:53.607
34	14	12	30-39 ΕΤΩΝ	Female	121 [Edit]	GR	ΡΟΥΛΑ ΔΡΑΚΑΚΗ	2-1987	PILALA ΟΡΙΖΟΝΤΑΣ	0:15:57.757	0:28:44.013	0:47:01.403	1:00:46.557
35	21	14	40-49	Male	105	GR	ANTONIS ΚΑΤΑΚΙΣ	4-1978		0:17:15.103	0:30:37.463	0:49:45.357	1:03:36.127

Rank	By Gen.	By Cat.	Cat.	Gender	BIB [Edit]	Country	Name	YOB	Club	2.5km 10km	5km 10km	7.5km 10km	Finish 10km
			ΕΤΩΝ		[Edit]								
36	15	2	50-59 ΕΤΩΝ	Female	109 [Edit]	GR	MIL KOVACEVIC	3-1965	XOXLIOS	0:17:45.293	0:31:22.523	0:49:51.183	1:03:54.200
37	16	3	50-59 ΕΤΩΝ	Female	138 [Edit]	GR	ΓΕΩΡΓΙΑ ΠΑΓΓΕΙΟΥ	2-1967		0:18:32.927	0:32:57.120	0:51:29.207	1:05:18.537
38	17	13	30-39 ΕΤΩΝ	Female	146 [Edit]	GR	ΣΤΕΛΛΑ ΤΕΛΗΓΙΑΝΝΙΔΟΥ	10-1986		0:19:24.830	0:32:55.637	0:51:42.013	1:05:34.400
39	18	4	50-59 ΕΤΩΝ	Female	119 [Edit]	GR	ΕΙΡΗΝΗ ΓΕΝΕΙΑΤΑΚΗ	1-1971	ΙΕΡΑΠΕΤΡΑΣ	0:18:41.367	0:32:58.253	0:52:44.167	1:07:18.733
40	22	15	40-49 ΕΤΩΝ	Male	113 [Edit]	GR	ΡΕΤΡΟΣ ΣΤΑΥΡΑΚΑΚΙΣ	1-1979		0:19:39.193	0:33:50.413	0:53:15.067	1:07:21.157
41	23	2	60+ ΕΤΩΝ	Male	103 [Edit]	GR	DERRICK HARMAN	2-1952	RETHYMNON RUNNERS ASSOCIATION	0:17:57.150	0:32:52.800	0:54:54.677	1:10:06.027
42	24	16	40-49 ΕΤΩΝ	Male	118 [Edit]	GR	ΓΙΩΡΓΟΣ ΓΑΔΑΝΑΚΗΣ	9-1978		0:20:20.513	0:35:28.283	0:55:58.343	1:11:01.000
43	25	5	18-29 ΕΤΩΝ	Male	141 [Edit]	GR	ΙΩΑΝΝΗΣ ΠΑΤΕΡΑΚΗΣ	11-1996		0:20:27.547	0:36:25.643	0:58:30.493	1:14:20.120
44	19	14	30-39 ΕΤΩΝ	Female	144 [Edit]	GR	ΚΑΛΛΙΑ ΠΥΘΑΡΟΥΛΗ	7-1989		0:21:55.477	0:39:22.213	1:01:59.913	1:18:06.983
45	20	5	50-59 ΕΤΩΝ	Female	122 [Edit]	GR	ΑΝΑΣΤΑΣΙΑ ΖΑΓΚΟΥΝΤΙΝΟΥ	12-1969	MARTEAMNOS-KOTINOS	0:20:32.687	0:37:30.040	1:01:33.307	1:19:19.397
46	26	17	40-49 ΕΤΩΝ	Male	130 [Edit]	GR	ΙΩΑΝΝΗΣ ΜΑΚΡΥΠΟΔΗΣ	10-1975		0:19:40.130	0:36:43.473	-	-
47	27	18	40-49 ΕΤΩΝ	Male	115 [Edit]	GR	NEIL MARTIN WELCH	4-1974	MARTEAMNOS-KOTINOS	0:22:50.880	0:40:18.337	-	-
48	21	19	40-49 ΕΤΩΝ	Female	143 [Edit]	GR	ΜΠΟΓΙΑΤΖΗ ΠΟΠΗ	3-1974	MARTEAMNOS-KOTINOS	0:22:51.533	0:40:20.330	-	-